



# Shouldn't everyone have these rights?



**The right to live in a healthy environment.**

**The right to health care, medical supplies and education.**

**The right to clean water.**

These are basic rights—right? What we are trying to do is make sure these rights are in place for everyone, everywhere. If you'd like to help us do this, we'd love to hear from you. Get in touch with Health for Humanity today.

## THE DIFFERENCE YOUR DONATION WILL MAKE

Your one time gift of:

- \$150** covers the cost of surgical care for one patient
- \$100** covers the cost of one scholarship for one year of primary school
- \$300** covers the cost of one scholarship for one year of high school
- \$100** covers the cost of one safe and efficient wood stove
- \$40** covers the cost of a water filtration system for one family

Or you could become a supporting member for

**\$100** a year.

## STAY CONNECTED WITH HEALTH FOR HUMANITY

Sign up for our email updates at [www.h4h.ca](http://www.h4h.ca). Follow us on twitter, facebook, and our website blog, where we'll be regularly updating our friends on what we are doing.

## How Supporting Health For Humanity Delivers Great Value

**VOLUNTEER OPERATED.** No salaries or infrastructure, and minimal overhead mean that more than 95% of your donation supports our surgical missions, health care education and infrastructure projects.

**DEDICATION.** Our teams are made up of health care professionals who are also supporters, embarking on our missions, and participating in our community health care projects on their own time, and at their own expense.

**IF THESE VALUES** are important to you and your charitable giving, then perhaps you'll consider becoming our newest supporter today.

### HERE'S HOW TO SUPPORT US:

**DONATE ONLINE** at [www.h4h.ca](http://www.h4h.ca) or by cheque payable to 'Health for Humanity Service Society'. All donations are gratefully received. All donations of \$20 or more will receive a charitable tax receipt.

**OR JOIN US.** As a medical professional or as support staff, join us on a mission and have a life-changing experience yourself—and a profound and immediate impact on others.



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Health for Humanity is a registered charitable organization. Registration no: 861946333RR001



# health matters for everyone

Health for Humanity is a Canadian not-for-profit, volunteer-run organization that provides health services and education to those in need in the world's developing regions.



[www.H4H.ca](http://www.H4H.ca)

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## everyone matters

**We believe** everyone has a right to health care, and that health care means much more than only treating illness or disability.

**Our vision** is to work with communities to provide the best possible health care in places where there is a need, and together promote health and prevent disease through education and infrastructure projects.

**Since 2001** Health for Humanity has sent surgical teams to developing countries. In addition to performing surgeries and providing training for local professionals, we also supply much-needed equipment, medications and supplies to these areas.

*"Treating one patient has an impact on that person, their family and their community. To see this impact is very rewarding."*

– Dr. Don Fitzpatrick, plastic surgeon

## education matters

**When you educate** a child, or a community health worker, the impact grows over time. We are committed to collaborating with local organizations to develop health care programs that are based on needs identified by the communities themselves and that are capacity building and sustainable. One of our projects provides scholarships for indigenous children to attend school. Another supports a health communications program that uses theatre, and other novel strategies, to popularize important health information.



*"The most important thing to me is that we don't just show up and then leave. Instead, we work with local organizations to create health care services that will benefit people long after our mission has ended. To me, that's what this work is all about."*

– Cheryl Davies,  
Health for Humanity team leader



## infrastructure matters

**Based on** the partnerships we have developed with local organizations, we are now supporting other health projects in addition to our surgical program. For example, one of our current projects includes the provision of water filtration systems to communities where water-borne diseases are prevalent.

*"Supporting community-identified health care projects can have an impact on hundreds of people, in many communities. The potential to make a huge difference, with a modest budget, is exciting."*

– Cindy Masaro, co-founder